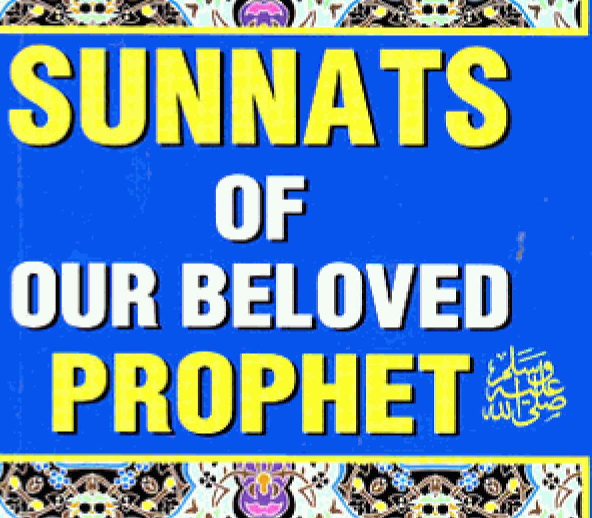
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SUNNATS OF OUR BELOVED PROPHET صلى الله عليه وسلم

Moulana Shabbir Ahmed Saloojee

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Bismillahir Rahmaanir Raheem
Nahmaduhu wa nusalli alaa Rasulihil kareem

INTRODUCTION

There is no doubt that the life of our Beloved Nabi Sallallahu Alayhi Wasallam is in reality an explanation of the Quraan Kareem, as our mother, the mother of all the Believers, Hazrat Ayesha (Radhiallahu Anhaa) states: *"His every act (habit / nature) was the Quraan."*

Every act of Rasulullah Sallallahu Alayhi Wasallam is beautiful and perfect. In fact Allah Ta'ala states: **Say: "If you do love Allah, then follow me (Ittibaa), Allah will love you."**
Ittibaa (follow me) in this Aayat means that to follow Rasulullah Sallallahu Alayhi Wasallam even in those acts which are not devotions and are natural. By doing so, true love of Allah Ta'ala will be created. Allah Ta'ala states: **"Verily there is for you in the Messenger of Allah, a most beautiful example."**

In this Kitaab written by Hazrat Moulana Sa'ad Hassan Yusoofi, which has been translated into English, a few Sunnats, habits and actions of Rasulullah Sallallahu Alayhi Wasallam have been mentioned. By bringing them into our lives true love of Allah Ta'ala and Rasulullah Sallallahu Alayhi Wasallam will be achieved.

We should also further endeavour to learn the du'aas and supplications of Rasulullah Sallallahu Alayhi Wasallam for different occasions, by doing this we will be able to constantly remember

Allah Ta'ala and thereby be included amongst '**those men and women who remember Allah Ta'ala excessively'**. Maghfirat (forgiveness) and a tremendous reward has been promised for such a person. It will also protect us from Shaytaan, as the one who remembers Allah Ta'ala, cannot be possessed by shaytaan.

Also bear in mind that one of the great Sunnats of Rasulullah Sallallahu Alayhi Wasallam is not to bear any ill-feeling or malice towards anyone. This can be easily achieved when the true love of Allah Ta'ala and His Rasul Sallallahu Alayhi Wasallam is created in our hearts and we build the firm yaqeen and believe that no-one can be of any benefit or harm except with the Will of Allah Ta'ala. As it is related in a Hadith: Rasulullah Sallallahu Alayhi Wasallam said: *"That which reaches you, could not be avoided (be made to turn away); and that which you did not achieve or get (was not destined for you) would not have reached you."*

May Allah Ta'ala grant us the Taufeeq to imitate and bring every act of Rasulullah Sallallahu Alayhi Wasallam in our lives.

This kitaab should prove very useful in achieving this aim. We humbly appeal to everyone to study this kitaab, even if it be to read one Sunnat daily and then bring it into our lives.

May Allah Ta'ala, remove from our hearts and lives all other ways and create in us the true love of Rasulullah Sallallahu Alayhi Wasallam.

(Moulana) Shabbir Ahmed Saloojee
Darul Uloom Zakariyya

THE NOBLE FEATURES OF OUR BELOVED RASULULLAH SALLALLAHU ALAYHI WASALLAM

It is the desire of every true lover of Rasulullah Sallallahu Alayhi Wasallam to know what he looked like, what were his features, what was his habits, and what was his character, so that in the manner of true lovers and followers we may emulate his beloved and mubaarak ways. For this reason we begin with the description of Rasulullah Sallallahu Alayhi Wasallam's mubaarak and illuminated features.

Barraa bin Aazib (Radhiallahu Anhu) relates that: *"Rasulullah Sallallahu Alayhi Wasallam was a man of medium build, he had broad shoulders (from which we may gather he had a wide chest); he had dense hair which reached to his ear-lobes; he wore a red-striped lungi and shawl. I never saw anybody or anything more handsome than him."*

It is related from Ebrahim bin Muhammad (Radhiallahu Anhu) who is from the sons (grandson) of Hazrat Ali (Radhiallahu Anhu), that whenever Hazrat Ali (Radhiallahu Anhu) described the noble features of Rasulullah Sallallahu Alayhi Wasallam he used to say:
"Rasulullah Sallallahu Alayhi Wasallam was neither very tall nor short, but of a medium stature amongst people. His hair was neither very curly, nor very straight, but had a slight wave in it. He did not have a very big (extremely large) body nor a round face, but his mubaarak face was slightly round (meaning that he did not have a completely round face nor a fully elongated face, but in between the two). The complexion of Rasulullah Sallallahu Alayhi Wasallam was white tinged with redness. The mubaarak eyes of Rasulullah Sallallahu Alayhi Wasallam were extremely black. His

eye lashes were long. The joints of his body (eg. elbows and knees, etc.) were large, likewise the portion between the two shoulders was broad and fully fleshed. There was no hair (more than normal) on his body. He had a thin line of hair running from the chest to the navel. The hands and feet of Rasulullah Sallallahu Alayhi Wasallam were fully fleshed. When he walked, he lifted his legs with vigour, as if he were descending to a low-lying place. When he addressed a person he turned his whole body towards that person. (He did not only turn his face towards the person he addressed, as this is considered impolite, and sometimes it even denotes pride. Sayyidina Rasulullah Sallallahu Alayhi Wasallam faced the person he spoke to, with his chest and body). The Seal of Prophethood was situated between his shoulders. He was the last of all prophets. He was the most generous and the most truthful. He was the most kind-hearted and came from a most noble family. Any person who saw him suddenly would become awe-inspired. [Firstly, there is a ro'b (awe) for physical beauty, with this when other excellences and perfections are added what then could be said of the ro'b (awe) inspired by him. Besides, the other speacial attributes and qualities granted to Sayyidina Rasulullah Sallallahu Alayhi Wasallam, ro'b (awe) is also one of the special qualities granted to him.] *Anyone who came into close contact with him, and knew his excellent character was smitten with the love of his excellent attributes. Anyone who described his noble features can only say:* ***'I have not seen anyone like Rasulullah Sallallahu Alayhi Wasallam neither before him nor after him'."***

Hazrat Hind bin Abi Haalah states in a lengthy Hadith : "Rasulullah Sallallahu Alayhi Wasallam always looked down His mubaarak gaze was focussed more to the ground than to the sky….while walking he asked the Sahaba (Radhiallahu Anhum) to walk in front, and he himself walked behind. He made Salaam (greeted) first to whomever he met."

THE MANNER OF EATING OF HUZOOR AQDAS SALLALLAHU ALYHI WASALLAM

1. Before eating Huzoor Sallallahu Alayhi Wasallam would wash his hands. He would eat with his right hand and from the food directly in front of him.

2. Huzoor Sallallahu Alayhi Wasallam would never lean against anything whilst eating.
   He would eat in different postures: a) Sometimes he would sit in a kneeling position, on both his feet, with the upper part (instep) of his feet on the floor (like in tashahhud)
   b) Sometimes he would sit like this, but with one foot raised, with the knee touching the chest.
   c) Sometimes he would squat on his heels, with his knees and feet together, and the heels and bottom of the feet (soles) lying flat on the floor. This manner was the posture in which Huzoor Sallallahu Alayhi Wasallam would sit most often.

3. Huzoor Sallallahu Alayhi Wasallam did not eat on a table or whilst sitting on a chair. He used to spread a dastarkhan (a sheet of leather or cloth) on the floor and have his meals on this.

4. Usually Huzoor Sallallahu Alayhi Wasallam would eat with three fingers – the thumb, shahadat (index) finger and the middle finger. If the food was thin, then he would use the next (ring) finger as well.

5. After Huzoor Sallallahu Alayhi Wasallam finished eating, he would put his fingers to his mouth and lick them clean. He would start with the middle finger and finish with the thumb.

6. If the food was arranged in a manner, that it covered the centre of the dish, then Huzoor Sallallahu Alayhi Wasallam would not start eating (or dish) from the centre, but from the part in front of him and from the bottom, and Huzoor Sallallahu Alayhi Wasallam said that the Barkat (blessings) of the food descends in the centre.

7. Huzoor Sallallahu Alayhi Wasallam did not like to have a large amount of small dishes, such as the excessive condiments served by the rich.

8. Huzoor Sallallahu Alayhi Wasallam used to especially like halwa (sweetmeats), honey vinegar, dates, sweet melon, cucumber and marrow.

9. Huzoor Sallallahu Alayhi Wasallam used to specially like meat of the shoulder, neck and the loin of an animal.

10. Sometimes Huzoor Sallallahu Alayhi Wasallam would eat in pairs; sweet melon and dates together, sometimes cucumber and dates, or roti and dates, or sesame seeds and dates.

11. If Huzoor Sallallahu Alayhi Wasallam did not like some type of food, he would never say anything bad about it, but he would

just quietly leave it.

12. Huzoor Sallallahu Alayhi Wasallam did not eat raw onions or raw garlic.

13. Huzoor Sallallahu Alayhi Wasallam did not eat sifted flour. (But did not prohibit it.)

14. Huzoor Sallallahu Alayhi Wasallam did not eat chapati (a type of thin roti).

15. Huzoor Sallallahu Alayhi Wasallam never ate unleavened bread.

16. If a piece of date or bread fell down in a clean place, then Huzoor Sallallahu Alayhi Wasallam would wipe it clean and eat it.

17. Huzoor Sallallahu Alayhi Wasallam did not eat food that was steaming hot, but would allow it to cool down a little first. He once said about very hot food: "Allah Ta'ala does not feed us fire," and he also said that there is no barkat in very hot food.

18. Huzoor Sallallahu Alayhi Wasallam would never smell his food and regarded it as a bad habit to do so.

19. Huzoor Sallallahu Alayhi Wasallam would always sit down to eat and drink. But he would sometimes eat fruit while standing or while walking.

20. When Huzoor Sallallahu Alayhi Wasallam put his Mubarak hand to the food, he would not dip his fingers right into the food.

21. Huzoor Sallallahu Alayhi Wasallam would sometimes cut up cooked meat with a knife and then eat it.

22. Huzoor Sallallahu Alayhi Wasallam would always keep vessels containing food or drink covered. If there was no cover, then he would place a small stick across the top of a vessel.

23. If Huzoor Sallallahu Alayhi Wasallam was sitting in a majlis and he wanted to serve any food or drink, then he would always start with the person on his right. If he wanted to start with the person to his left, he would first ask permission from the person on his right side. He would always do this, no matter what the rank of the person on his left had.

24. Huzoor Sallallahu Alayhi Wasallam never kept the evening food until morning or the morning food until evening (i.e. he did not hoard food but would rely on Allah Ta'ala for provisions for his next meal).

25. Huzoor Sallallahu Alayhi Wasallam relished the gravy left at the bottom of the saalan (gravy) dish very much, and he would often drink it at the end of the meal.

26. When Huzoor Sallallahu Alayhi Wasallam brought meat for the house, he would give instructions to cook it in a gravy (curry) so that some could be sent to the neighbours.

27. Huzoor Sallallahu Alayhi Wasallam would not blow into any food or drink and he regarded this as a bad manners.

28. Sometimes Huzoor Sallallahu Alayhi Wasallam ate sweet melon with sugar.

29. Sometimes Huzoor Sallallahu Alayhi Wasallam had two fruits together, one in one hand and one in the other hand, eating from both in turns. Sometimes he ate dates and sweet melon together like this, with the date in the right hand and the melon in the left.

30. When eating dates Huzoor Aqdas Sallallahu Alayhi Wasallam would throw away the seeds with his left hand.

31. Huzoor Sallallahu Alayhi Wasallam would throw away the seed of a date by putting it against the back of the shahadat and middle finger and flicking it away.

32. Huzoor Sallallahu Alayhi Wasallam would also eat cucumber with salt.

33. If Huzoor Sallallahu Alayhi Wasallam saw any new kind of food he would ask its name, before putting his hand to it.

34. In his later life, after an enemy had put poison in his food, Huzoor Sallallahu Alayhi Wasallam made it a rule that wherever someone presented him with any food, he would give that person a piece of it to eat before eating from it himself. But this applied only to strangers.

35. Of all meat-covered bones, Huzoor Sallallahu Alayhi Wasallam used to specially like the rib.

36. If Huzoor Sallallahu Alayhi Wasallam was invited to a person's house and there was someone with him, who had not been invited, he would bring him along, but on reaching the house, he would ask permission from the host to bring his companion, and on getting permission he would bring him in.

37. When Huzoor Sallallahu Alayhi Wasallam fed a guest he would keep pressing him to eat some more, until the guest completely refused. Only then would he stop pressing him.

38. When Huzoor Sallallahu Alayhi Wasallam was eating at a gathering, he would be the last to get up from the dastarkhan (table-cloth). This was because some people have the habit of eating slowly, and when they see others getting up, then out of shyness they too would finish eating, before completing their meal. Thus, out of consideration for them, Huzoor Sallallahu Alayhi Wasallam would keep eating slowly until they had finished.

39. At the beginning of a meal, Huzoor Sallallahu Alayhi Wasallam would read 'Bismillah' on the first three lukmaas (morsels).

40. If someone started eating without saying Bismillah, then Huzoor Sallallahu Alayhi Wasallam would take hold of his hand and tell him to read Bismillah.

41. If Huzoor Sallallahu Alayhi Wasallam saw someone eating with his left hand, he would take hold of his hand and shake it so that the lukmah (morsel) fell from it, and then he would tell him to use his right hand for eating.

42. If the food for Huzoor Sallallahu Alayhi Wasallam was of one type, then he would eat from directly in front of himself. But, if there were several different kinds of food in the dish, then he would not hesitate to reach to the other side of the dish.

43. Huzoor Sallallahu Alayhi Wasallam used to eat dates that were old, after first cleaning out the inside.

44. After eating, Huzoor Sallallahu Alayhi Wasallam would wash his hands and dry them by rubbing them over his mubarak face and head.

45. When Huzoor Sallallahu Alayhi Wasallam wanted to eat a chicken, then he would order it to be restrained from wandering around outside for several days. Then he would slaughter it and have it cooked.

46. Huzoor Sallallahu Alayhi Wasallam used to like khichri very much. (Khichri is rice and dhaal boiled together.)

47. Huzoor Sallallahu Alayhi Wasallam used to like soup with roti or bread soaked in it.

48. Huzoor Sallallahu Alayhi Wasallam used to like to have butter

with dates very much.

49. Huzoor Sallallahu Alayhi Wasallam used to eat dates together with milk, and said that these are both excellent foods.

50. When Huzoor Sallallahu Alayhi Wasallam took the first lukmah (morsel) of food, he would say:

"Ya waasi'al maghfirah"*(O the One Who forgives abundantly)*

51. When food was brought before Huzoor Sallallahu Alayhi Wasallam, he would say:

"Oh Allah, give us barkat in what you have provided for us and give us even better food to eat than this."

52. When Huzoor Sallallahu Alayhi Wasallam had finished eating, he would say:

"All praise be to Allah, who bas given us food and drink and made us Muslims."

53. When the dastarkhan (tablecloth) was lifted, Huzoor Sallallahu Alayhi Wasallam would say:

"All praise be to Allah, praise that is plentiful, pure and brings with it barkat, and not that which just suffices, and not what is restrained, and not that which makes us feel independent from it"

54. When Huzoor Sallallahu Alayhi Wasallam was invited somewhere, then after the meal, he would always make this duaa for his host:

"Oh Allah grant them barkat in what you have provided them, and forgive them and have mercy on them."

THE SUNNAH OF HUZOOR AQDAS SALLALLAHU ALAYHI WASALLAM IN DRINKING

55. When Huzoor Sallallahu Alayhi Wasallam drank water, he would sip it silently. He never drank in loud gulps.

56. Huzoor Sallallahu Alayhi Wasallam was very fond of clear sweet water. He used to have drinking water brought from as far away as two days journey.

57. Of all the Ummahatul Mu'mineen, Huzoor Sallallahu Alayhi Wasallam was especially fond of Hazrat Ayesha Radhiallahu Anhaa, and he liked to drink from the same cup and to put his mubarak lips to the same part of the cup as she had drunk from.

58. Of all liquids, Huzoor Sallallahu Alayhi Wasallam used to like milk the most.

59. Sometimes Huzoor Sallallahu Alayhi Wasallam would drink milk on its own and sometimes he would add cold water to it.

60. Sometimes Huzoor Sallallahu Alayhi Wasallam would drink water directly from a water-skin or bucket.

61. Whenever Huzoor Sallallahu Alayhi Wasallam had any drink served in a majlis, he would give instructions that the guests be served in order of age, starting with the eldest.

62. When any drink was being served in a gathering, then each time the jug returned for refilling, Huzoor Sallallahu Alayhi Wasallam would see that the round carried on from the same person where they had left off.

63. Whenever Huzoor Sallallahu Alayhi Wasallam served any drink to his guest, he himself would only drink after everyone else had been served and he had said that the one who serves the drink should drink last.

64. Huzoor Sallallahu Alayhi Wasallam would get drinking water from the same places as the general Muslims got their water, such as rivers, streams, reservoirs, so as to acquire the barkat of the hands of the ordinary Muslims.

65. Huzoor Sallallahu Alayhi Wasallam used to drink water from glassware, earthenware, copper and wooden cups.

66. Huzoor Sallallahu Alayhi Wasallam often drank barley sattu - *sattu is made of finely ground cooked flour mixed with water.*

67. Once Huzoor Sallallahu Alayhi Wasallam was offered sattu made of ground almonds. He refused it saying that, that was the drink of the rich.

68. Huzoor Sallallahu Alayhi Wasallam did not drink milk mixed with honey, and he would say*: "What! Two dishes in one bowl?"*, meaning that how can you be so extravagant.

69. Huzoor Aqdas Sallallahu Alayhi Wasallam used to drink while sitting down, and in three breaths (sips). Each time he put the cup to his mubarak lips, he would say *"Bismillah"*, and each time he took it away, he would say *"Alhamdulillah",* and on the third time he would add *"Wash-shukru lillah"*.

THE SUNNAT OF HUZOOR AQDAS SALLALLAHU ALAYHI WASALLAM IN CLOTHING

70. Of all garments, Huzoor Sallallahu Alayhi Wasallam used to like kurtas (qamees) the most.

71. The sleeve of his kurta would not be very narrow or very wide, and it reached to his wrist.

72. The kurta that Huzoor Sallallahu Alayhi Wasallam wore when travelling, was a little shorter in length and had somewhat shorter sleeves than the one that he wore at home.

73. The opening of the kurta of Huzoor Sallallahu Alayhi Wasallam was on the chest.

74. Sometimes Huzoor Sallallahu Alayhi Wasallam would wear his kurta while being open at the neck, so that his chest was clearly visible, and he would also make his salaat like this.

75. When Huzoor Sallallahu Alayhi Wasallam wore his kurta, he would first put the right hand in the right sleeve and then the left hand in the left sleeve.

76. Huzoor Sallallahu Alayhi Wasallam never wore trousers (pants), he always wore a lungi (legging-clothe). He did buy a pair of trousers (pants) for wearing (but did not wear it), and also saw his Sahaba Radhiallahu Anhum wearing trousers.

77. Huzoor Sallallahu Alayhi Wasallam used to tie his lungi slightly below the navel, and it would reach slightly above the middle of the shin.

78. The front of the lungi would be slightly lower than the back.

79. The cloth which Huzoor Sallallahu Alayhi Wasallam used to wrap around his shoulders was four ghaz (nine feet) long and two gaz (five feet) wide.

80. Sometimes Huzoor Sallallahu Alayhi Wasallam would wrap his cloth around himself, by passing it under the right arm and over the left shoulder.

81. Huzoor Sallallahu Alayhi Wasallam did not keep a spare kurta, lungi, shawl or pair of sandals aside. He kept only the clothes he used to wear.

82. Huzoor Sallallahu Alayhi Wasallam would wear any new clothes for the first time, on the day of Jum'aa (Friday).

83. Huzoor Sallallahu Alayhi Wasallam used to like white clothes the most; but from coloured clothes, he liked green the best.

84. Huzoor Sallallahu Alayhi Wasallam used to greatly dislike plain bright red (for men).

85. When Huzoor Sallallahu Alayhi Wasallam put on any new clothes, he would give thanks for it in these words, by mentioning the garment:

"Oh Allah, all praise to you for giving me this .... to wear. I ask you for the good of it and for the good of what it was made for, and I ask your protection from the evil of it and from the evil which it was made to protect against."

THE AMAAMAH (TURBAN) OF HUZOOR AQDAS SALLALLAHU ALAYHI WASALLAM

86. Huzoor Sallallahu Alayhi Wasallam used to like to wear an amaamah (turban).

87. If he did not have an amaamah, Huzoor Sallallahu Alayhi Wasallam would wrap a patti (a narrow strip of cloth) around his mubarak head and forehead.

88. Huzoor Sallallahu Alayhi Wasallam's turban was about seven cubits* long.
    *Cubit = dhira; length from elbow to finger tips, approx. 45cm. or 18 inches

89. When Huzoor Sallallahu Alayhi Wasallam wore an amaamah, he would always leave a part hanging down at the back (called shamlah in Arabic). Sometimes he would let the end of the amaamah come round the side of the throat under his chin.

90. The shamlah of the amaamah of Huzoor Sallallahu Alayhi Wasallam was about one span (nine inches) in length.

91. Huzoor Sallallahu Alayhi Wasallam used to let the shamlah of his amaamah hang down between his shoulder blades.

92. When fastening his amaamah, Huzoor Sallallahu Alayhi

Wasallam would not tuck the end pointing forward (at the front of the head), but rather pointing to the back.

93. Due to the intense heat of the sun, sometimes Huzoor Sallallahu Alayhi Wasallam would cover his head with the shamlah of the amaamah.

94. Huzoor Sallallahu Alayhi Wasallam would always wear a topee under his amaamah.

THE TOPIE OF HUZOOR AQDAS SALLALLAHU ALAYHI WASALLAM

95. Huzoor Sallallahu Alayhi Wasallam used to wear a white topee.

96. At home Huzoor Sallallahu Alayhi Wasallam used to wear a topee that fitted close to his head.

97. When on a journey, Huzoor Sallallahu Alayhi Wasallam used to wear a topee with a raised top and edge. Sometimes when making salaat he would put it down on the ground in front of him.

98. Huzoor Sallallahu Alayhi Wasallam also used to wear a thick topee of quilted cloth.

THE RING OF HUZOOR SALLALLAHU ALAYHI WASALLAM

99. Huzoor Sallallahu Alayhi Wasallam used to wear a ring made of silver.

100. Huzoor Sallallahu Alayhi Wasallam used to wear this ring on the little finger of either the right hand or the left.

101. His ring was sometime set with silver and sometime with an Abyssinian stone.

102. It was the habit of Huzoor Sallallahu Alayhi Wasallam to keep the setting of the ring on the inside of his finger on the palm side, and not on the top of the finger facing outwards.

103. The ring of Huzoor Sallallahu Alayhi Wasallam was inscribed in three lines with the word "Muhammadur Rasulullah", with the word Muhammad on the bottom line, Rasul on the middle line and Allah on the top line.

Allah
Rasul
Muhammad

THE SHOES OF HUZOOR SALLALLAHU ALAYHI WASALLAM

104. Huzoor Sallallahu Alayhi Wasallam used to wear shoes similar to sandals.

105. When putting on his shoes, Huzoor Sallallahu Alayhi Wasallam would first put the right foot in the right shoe, and then left foot in the left shoe.

106. When removing his shoes, he would first take the left foot out from the shoe and then the right.

107. Sometimes he would wear his shoes while standing up and at times, while sitting down.

108. When picking up his shoes, Huzoor Sallallahu Alayhi Wasallam would carry them with the index finger of the left hand (the finger that is next to the thumb).

109. Huzoor Sallallahu Alayhi Wasallam had sandals with two straps. One passed between the big toe and the toe next to it and the other between the little toe and the next.

110. The sandals of Huzoor Sallallahu Alayhi Wasallam were one span an two fingers in length (about twenty seven centimetres) and seven fingers at the widest part (about fifteen centimetres) the distance between the straps at the front was two fingers (about five centimetres).

THE SUNNAT OF HUZOOR SALLALLAHU ALAYHI WASALLAM IN SLEEPING AND WAKING UP

111. Huzoor Sallallahu Alayhi Wasallam used to sleep during the first part of the night, and he would get up during the first portion of the second half of the night.

112. During the early part of the night, when he slept more deeply, Huzoor Sallallahu Alayhi Wasallam would sleep with the right cheek resting on the palm of the right hand, and he would say these words three times:

"Oh my Rab, spare me from Your punishment on the day You raise up your servants."

113. If Huzoor Sallallahu Alayhi Wasallam saw anyone lying flat on his stomach or sleeping in this way, he would become very displeased, and with his foot make him get up.

114. Huzoor Sallallahu Alayhi Wasallam used to sleep on a mattress made of leather filled with the fibre of date palm, or on a mat of woven palm leaves, or on a coarse cotton cloth, or on a bamboo charpaai (bedstead), or on a leather mat, or on a black cloth, and sometimes on the bare ground.

115. Huzoor Sallallahu Alayhi Wasallam ordered that the cloth on

which he slept, should only be folded in two. Huzoor SallallahuAlayhi Wasallam used to snore slightly sometimes.

116. Sometimes Huzoor Sallallahu Alayhi Wasallam used to rest lying flat on his back with one foot on top of the other, but in such a way that the satr (lower part of the body) remained fully covered. Huzoor Sallallahu Alayhi Wasallam prohibited lying down in this way if there was any danger of the satr being exposed.

117. Huzoor Sallallahu Alayhi Wasallam never slept before Eshaa.

118. Huzoor Sallallahu Alayhi Wasallam would not sleep in a house in which there was a lamp lit.

119. If Huzoor Sallallahu Alayhi Wasallam was in a state of janaabat (ritual impurity) and he wanted to sleep, he would first wash the napaak area and then make wudhu and then sleep; and would make ghusl when he awoke.

120. It was the general habit of Huzoor Sallallahu Alayhi Wasallam to make wudhu before going to sleep.

121. If Huzoor Sallallahu Alayhi Wasallam got up in the night to relieve himself, then after istinja he would only wash his hands and face, and then go back to sleep.

122. Huzoor Sallallahu Alayhi Wasallam used to change his lungi and take off his kurta and hang it up before going to sleep.

123. At night Huzoor Sallallahu Alayhi Wasallam used to keep a wooden container underneath his bed for passing urine.

124. Huzoor Sallallahu Alayhi Wasallam used to keep a surmah bottle at the head of his bed. Before going to sleep, he would always put surmah in his eyes.

125. Huzoor Sallallahu Alayhi Wasallam used to keep a black surmah bottle.

NOTE: Surmah is made from antimony, which is a metal and is brittle, lustrous and white in colour, which is then crushed into a fine powder. This is applied to the eyes. It refreshes, cools and soothes the eyes, provided that it is pure. Many impure kinds of surmah are also being sold today, and they can be very harmful because they contain lead.

126. When pouring surmah in his eyes, Huzoor Sallallahu Alayhi Wasallam used to put the surmah-stick three times to each eye, and sometimes twice to each eye, and then put the last stick to both eyes.

127. Before going to sleep, Huzoor Sallallahu Alayhi Wasallam would talk about different things with his family - sometimes about domestic matters and sometimes about matters concerning the Muslims in general.

128. It was the habit of Huzoor Sallallahu Alayhi Wasallam every night, that while resting his head on the pillow, he would recite one time each Surah Iklaas (Qul huwallahu ahad), Surah Falaq (Qul a'oozu bi rabbil falaq), and Surah Naas (Qul a'oozu bi rabbin naas), and blow into his hands. Then he would open them, and pass them over his Mubarak body, as far as they would reach, starting from below the face and then over head. He would do this three times.

129. On waking up Huzoor Sallallahu Alayhi Wasallam used to read this Duaa:

"All praise be to Allah who has brought us to life after making us die and it is to him that we return."

THE SUNNAH OF HUZOOR SALLALLAHU ALAYHI WASALLAM IN USING ITR (FRAGRANCE)

130. Huzoor Sallallahu Alayhi Wasallam used to put on itr in the last part of the night.

131. On awakening up from his sleep, Huzoor Sallallahu Alayhi Wasallam would first relieve himself, then make wudhu, and then ask for itr and put itr on his clothes.

132. If anyone presented Huzoor Sallallahu Alayhi Wasallam with itr, he would always accept it and he did not like to refuse any scent.

133. Huzoor Sallallahu Alayhi Wasallam was very fond of the scent of Raihaan (sweet basil).

134. Huzoor Sallallahu Alayhi Wasallam used to be very fond of Henna flowers.

135. Of all scents Huzoor Sallallahu Alayhi Wasallam used to like Mushk (Musk) and Oodh (aloe wood) the most.

136. Huzoor Sallallahu Alayhi Wasallam also used to put itr on his mubarak head.

THE SUNNAH OF HUZOOR SALLALLAHU ALAYHI WASALLAM IN COMBING AND PUTTING OIL ON HIS HAIR

137. At the time of going to sleep Huzoor Sallallahu Alayhi Wasallam used to clean (brush) his teeth with a miswaak, make wudhu and comb his mubaarak hair and beard.

138. Whether on a journey or at home, Huzoor Sallallahu Alayhi Wasallam would always keep seven things by the head of his bed at the time of sleeping*: a bottle of oil, a comb, a bottle of surmah, scissors, a miswaak, a mirror, and a small stick which he used for scratching his head and so on.*

139. Huzoor Sallallahu Alayhi Wasallam had a comb made of ivory.

140. Huzoor Sallallahu Alayhi Wasallam would first put oil on his beard and hair, and then comb them.

141. When putting oil on his mubaarak beard, Huzoor Sallallahu Alayhi Wasallam would start with the part in front of the ears.

142. When putting oil on his hair, Huzoor Sallallahu Alayhi Wasallam would start from the forehead.

143. For most of his life Huzoor Sallallahu Alayhi Wasallam had hair (did not shave his head), sometimes his hair used to be just

above the ear lobes, sometimes below the ear lobes, and sometimes right down to the shoulders.

144. Initially, Huzoor Sallallahu Alayhi Wasallam, did not keep a parting in his hair, but later on he used to make a parting.

145. Huzoor Sallallahu Alayhi Wasallam used to put alot of oil on his hair. For this reason, he usually wore a cloth over his mubaarak head, to protect his clothes from becoming stained with oil. This cloth was always oil stained.

146. Huzoor Sallallahu Alayhi Wasallam sometimes used to wet his mubaarak beard with water and then comb it.

147. When Huzoor Sallallahu Alayhi Wasallam saw his nuraani face in the mirror, he would make this duaa:

"Oh Allah! give me good character as you have given me a good appearance and give me ease in my livelihood."

THE SUNNAH OF HUZOOR SALLALLAHU ALAYHI WASALLAM IN CUTTING HIS NAILS

148. Huzoor Sallallahu Alayhi Wasallam used to follow this order when cutting his nails:

- First he would cut the nail of the shahadat finger of the right hand, then the other three fingers till the little finger.
- Then without cutting the nail of the thumb he would start with the left hand from the little finger across to the thumb.
- Then he would cut the nail of the right hand thumb.
- Then he would cut the toe nails, starting from the little toe of the right foot and finishing with the big toe,
- Then the big toe of the left foot and finishing with the little toe.

149. Huzoor Sallallahu Alayhi Wasallam used to cut his nails every fifteen (15) days.

THE SUNNAH OF HUZOOR SALLALLAHU ALAYHI WASALLAM IN TRAVELLING

150. If Huzoor Sallallahu Alayhi Wasallam intended to go out on safar (journey) or was sending someone out, he preferred to set out on a Thursday.

151. On safar (journey) Huzoor Sallallahu Alayhi Wasallam liked to ride at a fast pace, and if he saw that the journey was going to be long, he would increase his speed.

152. If Huzoor Sallallahu Alayhi Wasallam stopped over at any place during the journey for the night, he generally used to set out again very early in the morning.

153. If Huzoor Sallallahu Alayhi Wasallam stopped over at any place during safar, for no matter how short a time, he would not continue on his way without reading two rakaats of nafl salaat.

154. When Huzoor Sallallahu Alayhi Wasallam returned home from safar, or stopped over at any place, he would not sit down until he had made two rakaats of nafl salaat.

155. When Huzoor Sallallahu Alayhi Wasallam stopped over at any place in the early part of the night, he would sleep on his right side with his right cheek resting on the palm of the right hand.

156. If Huzoor Sallallahu Alayhi Wasallam stopped over at any place during the last part of the night (i.e. near to dawn), then he would rest with his right arm upright and resting on the elbow and his head resting on the palm of the hand.

157. Whenever any musaafir (traveller) returned from a journey (safar) and presented himself, then Huzoor Sallallahu Alayhi Wasallam would make mu'anaqah (hug) him and kiss him the forehead.

158. When Huzoor Sallallahu Alayhi Wasallam saw anyone off on a journey he would ask him for duaa, saying; *"Remember us in your duaas, don't forget."*

159. Whenever Huzoor Sallallahu Alayhi Wasallam returned from a journey (safar) at night, he would never go to his home at that time. He would stop somewhere along the road and pass the night there, and then go to his house in the morning.

160. On safar Huzoor Sallallahu Alayhi Wasallam always stayed together with his travel companions, and if there was work to be done (such as cooking a meal), then he always took part in the work. For example, once at a stop, the Sahaba (Radhiallahu Anhum) were going to prepare food. Each person took responsibility for some task, and Huzoor Sallallahu Alayhi Wasallam took on the task of collecting the firewood.

161. When returning from safar, Huzoor Sallallahu Alayhi

Wasallam would not go directly to his house. First he would go to the Musjid and make two rakaats nafl salaat and then proceed to his home.

162. When returning from safar (a journey), if Huzoor Sallallahu Alayhi Wasallam met children in the street of the town, he would let them ride with him on his animal. He would seat small children in front of him, and the older children behind him.

163. When Huzoor Sallallahu Alayhi Wasallam went out on safar or for jihad, he would give the opportunity to a different Sahabi to ride with him on his animal, each day.

164. When Huzoor Sallallahu Alayhi Wasallam set out on safar, he would seat himself firmly in the saddle and say three times: Allahu Akbar *(Allah is the greatest).*
Then he would make duaa in these words:

Glory to Him who has made this (animal) under our control, for we would not have been able to control it ourselves; And

to our Lord is our return.
Allah! We ask you in this journey of ours to grant us goodness and taqwa and such actions that are pleasing you.
Allah! Make this journey easy for us and shorten its distances. O Allah! You are our protector in our journey and the guardian over our family and wealth.

165. When Huzoor Sallallahu Alayhi Wasallam returned from a journey he would make the same duaa, but with these words added:

"Ever returning, ever repenting, ever serving, and ever praising our Lord."

166. When riding uphill, Huzoor Sallallahu Alayhi Wasallam would say "Allahu Akbar" *(Allah is the greatest)* three times, and make this duaa:

"Oh Allah! You are noble and above all that is noble, and praise be to You under all conditions."

167. When riding downhill, Huzoor Sallallahu Alayhi Wasallam would say *"Subhanallah"* three times.

168. When placing his foot in the stirrup, Huzoor Sallallahu Alayhi Wasallam would say; *"Bismillah".*

169. If night fell while Huzoor Sallallahu Alayhi Wasallam was

travelling, he would make duaa in these words:

O earth, your Lord and my Lord is Allah. I ask the protection of Allah from your evils, and the evils of whatever is created below you and the evils of whatever walks on you; And I seek the protection of Allah, from lions, and from a black snake, and from snakes and scorpions, and from the evils of the inhabitants of this place and from every father and his child (son).

170. When Huzoor Sallallahu Alayhi Wasallam saw a town or village in the distance, where he intended to stop, he would make duaa in these words:

Oh Allah! give us barkat in this place (three times).

171. Then when he entered the place he would say:

Allah! give us the good of this place and put love for us in the hearts people of this place and love in our hearts for the pious people of this place.

172. When Huzoor Sallallahu Alayhi Wasallam saw someone off on a journey, he would make duaa in these words:

I entrust to Allah Ta'ala your Deen (religion), and the things that you are entrusted with, and the final outcome of your actions.

173. When Huzoor Sallallahu Alayhi Wasallam returned from a journey and went to meet his family he would make this duaa:

Repenting, repenting, returning to our lord.

THE SUNNAH OF HUZOOR SALLALLAHU ALAYHI WASALLAM IN GOING TO THE BAIT-UL-KHALA (TOILET)

174. When entering the bait-ul-khala (toilet), Huzoor Sallallahu Alayhi Wasallam used to enter with the left foot first, and step out with the right foot first.

175. Before going to the Baitul-ul-khala (toilet), Huzoor Sallallahu Alayhi Wasallam used to read this duaa:

O Allah! I ask your protection from the male and female shaytaans (devils)

176. When coming out of the bait-ul-khala (toilet), Huzoor Sallallahu Alayhi Wasallam used to read this duaa:

All praise be to Allah, Who has taken this trouble away from me and given me relief

177. When sitting to relieve himself, Huzoor Sallallahu Alayhi Wasallam would not uncover (expose) his satr until he was very close to the ground.

178. If Huzoor Sallallahu Alayhi Wasallam had to go out into the bush to relieve himself, then he would walk until he was out of sight. At times he would walk as far as two miles, before sitting to relieve himself.

179. If Huzoor Sallallahu Alayhi Wasallam needed to pass urine,

he would search for soft ground. If he did not find soft ground, then he would take a stick or some other thing and dig up a piece of ground and then sit and pass urine.

180. When Huzoor Sallallahu Alayhi Wasallam went to relieve himself, he would wear his shoes, keep his head covered, and take off his ring (because of the inscription).
Note: When Huzoor Sallallahu Alayhi Wasallam slept with one of his paak (pure) wives, he would also always keep his head covered.

181. When sitting to pass urine, he would sit in a squatting position with the knees spread apart.

182. After making istinja, Huzoor Sallallahu Alayhi Wasallam would rub his left hand with soil and then wash it with water.

183. When going to relieve himself, Huzoor Sallallahu Alayhi Wasallam would look for some cover, such as a sand dune or mound of earth, or a heap of stones or behind a tree, so as to be out of sight of people.

184. When going to relieve himself, Huzoor Sallallahu Alayhi Wasallam would never face the Qiblah or keep his back towards the Qiblah (this is prohibited), but would sit at right angles to Qiblah.

185. When going to relieve himself, Huzoor Sallallahu Alayhi Wasallam would make sure to take some clots of earth with him, for cleaning himself, and he always took an odd number of pieces.

THE SUNNAH OF HUZOOR SALLALLAHU ALAYHI WASALLAM IN SNEEZING

186. When Huzoor Sallallahu Alayhi Wasallam sneezed he would say: "Alhamdulillah" *(All Praise be to Allah)*

If anyone was with him and replied by saying: "Yarhamukallah" *(May Allah have mercy on you)*;

Then Huzoor Sallallahu Alayhi Wasallam would answer:

(May Allah guide you and correct your affairs)

187. When a non-muslim sneezed, Huzoor Sallallahu Alayhi Wasallam would say:

(May Allah grant you guidance and correct your affairs)
He did not like to say "Yarhamukallah" (May Allah have mercy on you), for the person was a non-muslim.

188. Huzoor Sallallahu Alayhi Wasallam did not sneeze loudly, but would suppress it, and he liked people to do likewise.

189. When Huzoor Sallallahu Alayhi Wasallam sneezed he would place his hand over his mouth, and sometimes he would place a cloth over his mouth.

190. Huzoor Sallallahu Alayhi Wasallam would reply twice to a person sneezing. If he sneezed again for a third time, then he would say: *"This man has a cold."* In other words, there is no need to answer him now.

191. If a person did not say "Alhamdullillah" after sneezing, then Huzoor Sallallahu Alayhi Wasallam would not answer his sneeze. If the person complained of this, then he would say to him: *"Brother when you had sneezed, you forgot Allah, so we forgot you."*

THE SUNNAH OF HUZOOR SALLALLAHU ALAYHI WASALLAM IN WALKING

192. Huzoor Sallallahu Alayhi Wasallam used to walk with his body leaning forward, like a person coming down a slope.

193. Huzoor Sallallahu Alayhi Wasallam would walk with long strides and lifting his feet. He did not walk while dragging his feet.

194. Huzoor Sallallahu Alayhi Wasallam walked so fast, that a person walking at a normal pace would not be able to keep up with him.

195. When walking with his companions, Huzoor Sallallahu Alayhi Wasallam would walk at the rear, while keeping all his companions in front of him. He would say: *"Let the angels walk behind me."*

196. Huzoor Sallallahu Alayhi Wasallam would not walk with his body slack and relaxed, but would stay vigorous and alert.

197. Huzoor Sallallahu Alayhi Wasallam would never look to the left and to the right when walking. Because of this, sometimes his shawl would get caught on a tree or some other obstacle.

198. While walking, if Huzoor Sallallahu Alayhi Wasallam turned to look at something, then he would turn his whole body in that direction. He would not turn his head or eyes only to look at it.

199. Sometimes Huzoor Sallallahu Alayhi Wasallam would walk holding the hand of his companion.

200. Huzoor Sallallahu Alayhi Wasallam would keep his lungi slightly raised at the back, when walking.

THE SUNNAH OF HUZOOR SALLALLAHU ALAYHI WASALLAM IN SPEAKING AND SPEECH

201. When Huzoor Sallallahu Alayhi Wasallam spoke, he used to speak so slowly and clearly, that those who heard him could easily memorize his words and if anyone wanted to, he could even count them.

202. When speaking Huzoor Sallallahu Alayhi Wasallam would usually repeat whatever he said thrice.

203. Huzoor Sallallahu Alayhi Wasallam would often look up towards the heavens, when speaking.

204. When talking of matters which were not appropriate to speak of in public, Huzoor Sallallahu Alayhi Wasallam would refer to it indirectly.

205. When Huzoor Sallallahu Alayhi Wasallam was leaning against something and he wanted to stress some point, he sit up straight and he would speak the particular words or sentences several times.

206. Huzoor Sallallahu Alayhi Wasallam used to smile when speaking and would speak in an extremely cheerful manner.

207. When warning those who were present about something, Huzoor Sallallahu Alayhi Wasallam would rub (strike) his hands on the ground as he spoke.

208. When speaking, if Huzoor Sallallahu Alayhi Wasallam wanted to point to anything he would do so with his whole hand, not with one finger.

209. When Huzoor Sallallahu Alayhi Wasallam spoke, he would turn the palm of his hand up as a gesture of surprise.

210. Sometimes in the course of speaking, Huzoor Sallallahu Alayhi Wasallam would express surprise by lifting the palm of his right hand against the thumb of his left hand.

211. Sometimes Huzoor Sallallahu Alayhi Wasallam would express his surprise by shaking his head and pressing his lips against his teeth.

212. Sometimes Huzoor Sallallahu Alayhi Wasallam would hit his hand against his thigh in surprise.

213. Huzoor Sallallahu Alayhi Wasallam used to scratch the ground with a stick, when he was deep in thought.

214. To make a point more clear, Huzoor Sallallahu Alayhi Wasallam would often make gestures with his hand. For example to show the closeness of two things to each other, he would show his hand with the shahadat (index) and middle fingers together, or to express strength he would interlock the fingers of both hands.

215. During an important conversation, Huzoor Sallallahu Alayhi Wasallam used to sit leaning against a support with the right hand on the back of the left hand and his fingers interlocked.

THE SUNNAH OF HUZOOR SALLALLAHU ALAYHI WASALLAM IN MAKING DUAA

216. Huzoor Sallallahu Alayhi Wasallam often started a duaa with the words, *"Subhana-rabbiyal-aa'lal-wahhaab".*

217. Huzoor Sallallahu Alayhi Wasallam did not make duaa with rhyme and meter, and he disliked this.

218. In duaa, Huzoor Sallallahu Alayhi Wasallam would often say these words at the beginning and in the end, and sometimes in the middle,

Lord, give us what is good in this world and the good of the next world and save us from the punishment of the fire.

219. Sometimes when Huzoor Sallallahu Alayhi Wasallam was very worried about something, he would spread his cloth on the floor and while standing up he would raise his hands in duaa, stretching them out before him to the extent that the whiteness of his armpits could be seen.

220. When Huzoor Sallallahu Alayhi Wasallam made duaa to Allah Ta'ala for something good, he would keep his hand with the palms towards his face.

221. When Huzoor Sallallahu Alayhi Wasallam finished a duaa he would pass his hands over his face.

222. Huzoor Sallallahu Alayhi Wasallam would repeat the words of duaa or Istighfaar three times.

223. When Huzoor Sallallahu Alayhi Wasallam made duaa for someone, he would first make duaa for himself and then for that person.

THE SUNNAH OF HUZOOR SALLALLAHU ALAYHI WASALLAM IN GIVING A LECTURE (LECTURE)

224. When Huzoor Sallallahu Alayhi Wasallam gave a lecture in the Musjid, he would use a staff for support, and when speaking in a battlefield, he used a bow.

225. While giving a lecture, Huzoor Sallallahu Alayhi Wasallam would turn his body from side to side, and make appropriate gestures with his hands, and sometimes the cracking of the joints of his hands could be heard.

226. Huzoor Sallallahu Alayhi Wasallam used to give lectures from the mimbar and also sometimes while mounted on an animal.

227. After almost every salaat and especially after Fajr salaat, Huzoor Sallallahu Alayhi Wasallam would give short lectures and recite for the people present; and for the benefit of the people in general, he would occasionally call a general gathering.

228. In the course of a lecture, if Huzoor Sallallahu Alayhi Wasallam wanted to lay great emphasis on some point, then he would take oath with the words: *"By him who holds my life in his hand."*

THE TEMPERAMENT (MIZAAJ) OF HUZOOR SALLALLAHU ALAYHI WASALLAM

229. The atmosphere of the majlis of Huzoor Sallallahu Alayhi Wasallam was at all times one of dignity, seriousness and attentive concern. The Sahaba Radhiallahu Anhum used to say that by the barkat of the company (suhbat) of Huzoor Sallallahu Alayhi Wasallam, they used to sit with such adab (respect) that it was as if birds were sitting on their heads and at the slightest movement, would fly away. But even then, the radiance of the good humour of Huzoor Sallallahu Alayhi Wasallam would make these gatherings pleasant and agreeable.

For though, Huzoor Sallallahu Alayhi Wasallam while on the one hand was the messenger of Allah Ta'ala and accordingly paid due consideration to the dignity of his position, and remained involved in preaching and instruction; yet on the other hand, he still mixed with the Sahaba Radhiallahu Anhum like any easy going friend and good humoured companion.

230. While for most of the time, the majlis of Huzoor Sallallahu Alayhi Wasallam was a place of learning and teaching Deen, now and then, it would for a while become a gathering of well-mannered and good humoured friends, and this would become good mannered and amusing conversations, and sometimes day to day domestic matters would be discussed.

In short Huzoor Sallallahu Alayhi Wasallam would talk with the Sahaba Radhiallahu Anhum, and the Sahaba Radhiallahu Anhum would talk among themselves, without formality and constraint.

231. Now let us see examine the sense of humour of Huzoor Sallallahu Alayhi Wasallam. We need some detail and explanation on this point. In so many things our speech and our attitudes has changed, our fantasy has gone far astray, and in everything we have lost our sense of balance and moderation.

If we become serious and concerned, then we become so serious that good humour and wit stay miles away from us. And if we become happy, then manners and refinement stay miles away from us. Therefore, we should keep the example of Huzoor Sallallahu Alayhi Wasallam before us as a standard to follow.

Listen to what Huzoor Sallallahu Alayhi Wasallam himself said about his own sense of humour. The Sahaba Radhiallahu Anhum asked him in surprise, "Do you even joke?"
Huzoor Sallallahu Alayhi Wasallam answered "Yes, certainly, but my nature is absolutely truthful and honest."
In contrast to this, our jokes today are filled with lies, slander, false accusations, vilification, taunting and unreasonable exaggerations.

232. Now a few examples of the wit and humour of Huzoor Sallallahu Alayhi Wasallam are quoted, so that in

their light, we may acquire a good idea of what a proper sense of humour should be. In the same manner in the next section (Love for children), simply a few incidents will be quoted. From these too, we may be able to get an idea of the way Huzoor Sallallahu Alayhi Wasallam used to be kind and affectionate to children.

A man came into the khidmat of Huzoor Sallallahu Alayhi Wasallam and asked for an animal to ride on. Huzoor Sallallahu Alayhi Wasallam said: "I will give you the 'child of a camel' to ride on."
The man was surprised by this, thinking to himself, 'How long will I have to wait, before I can ride on it?' and asked: "O Rasul of Allah, what will I do with the child of a camel?"
Huzoor Sallallahu Alayhi Wasallam asked him: "Is there any camel that is not the child of any mother?"

Once an old lady came into the khidmat of Huzoor Sallallahu Alayhi Wasallam and asked: "O Rasul of Allah, make duaa for me that Allah Ta'ala enter me in Jannat."
Huzoor Sallallahu Alayhi Wasallam replied: "Old women will not go to Jannat."
After saying this Huzoor Sallallahu Alayhi Wasallam went to perform salaat. On hearing this answer, the old lady began to weep bitterly. When Huzoor Sallallahu Alayhi Wasallam completed his salaat and returned, Hazrat Ayesha Radhiallahu Anhaa said to him: "O Rasul of Allah, since you said that old women will not enter Jannat, this old lady has not stopped crying."

Huzoor Sallallahu Alayhi Wasallam said: "Tell her that old women will not go to Jannat, but when they enter they will be young."

There was a villager by the name of Zaheer, who often use to send Huzoor Sallallahu Alayhi Wasallam gifts. One day he was selling his goods in the bazaar and Huzoor Sallallahu Alayhi Wasallam happened to pass that way. He saw him there and by way of play, came up quietly behind him and lifted him up and called out: "Who will buy this slave?"
Hazrat Zaheer Radhiallahu Anhu said: "Let me go! who is it?" When he turned around and saw it was Sarwar-i-Aalam Sallallahu Alayhi Wasallam himself, Hazrat Zaheer Radhiallahu Anhu said, "O Rasul of Allah, whoever buys a slave like me, will be buying a bad buy."

THE LOVE AND GOOD HUMOUR OF HUZOOR SALLALLAHU ALAYHI WASALLAM TOWARDS CHILDREN

233. Huzoor Sallallahu Alayhi Wasallam was very kind and affectionate, towards children. He would pass his hand over their heads and kiss them and would make duaa for their welfare.

234. When children came to Huzoor Sallallahu Alayhi Wasallam, he would take them in his lap and give them things to eat with great love. Sometimes he would put out his tongue to a child to amuse him. Sometimes while lying down, he would seat a child on the soles of his feet or on his chest.

235. Often when giving a child something to eat, he would say (in Arabic): *"Kharqah, kharqah, fee ayni kulli baqqah"*
If these words were meant to have meaning then literally it means, "In the eye of every mosquito is the jaw of a locust." It is also possible that Huzoor Sallallahu Alayhi Wasallam was using meaningless words just to amuse the children.

236. Sometimes when many children were together in one place, Huzoor Sallallahu Alayhi Wasallam made them stand in a row, then he would sit with his hand outstretched and say: *"Run to me. The child who touches me first, I will give him such and such a prize."*
The children would race to him. Some would fall on his stomach

and some on his chest. Huzoor Sallallahu Alayhi Wasallam would hold them against his mubaarak chest and kiss them.

Huzoor Sallallahu Alayhi Wasallam used to speak light-heartedly to children. He used to call Hazrat Anas Radhiallahu Anhu, *"O you with the two ears."*

Hazrat Anas Radhiallahu Anhu had a brother named Abu Umair. He used to keep a bird (a wagtail) as a pet. One day it died and Abu Umair was in grief over its loss. Huzoor Sallallahu Alayhi Wasallam came and saw him grieving like this over his bird, and said to him: "Yaa Abu Umair, what has this wagtail of yours done?" meaning that it has gone away and left you.

Hazrat Abdullah bin Bashir Radhiallahu Anhu mentions that when I was a child, my mother once gave me a bunch of grapes and told me to take them to Huzoor Sallallahu Alayhi Wasallam. I set out on this task and on the way my resolution weakened and I ate the grapes. My mother happened to meet Huzoor Sallallahu Alayhi Wasallam later and asked him how were the grapes? Huzoor Sallallahu Alayhi Wasallam and my mother realized that I must have eaten them on the way. After this incident, when Huzoor Sallallahu Alayhi Wasallam met me in the street he took hold of my ear and said: "Trickster !"

THE SUNNAH OF HUZOOR SALLALLAHU ALAYHI WASALLAM IN MEETINGS AND GATHERINGS

237. When holding gatherings for Tableegh (preaching) and Taleem (instruction), Huzoor Sallallahu Alayhi Wasallam used to allow intervals so that people do not become tired.

238. If Huzoor Sallallahu Alayhi Wasallam wanted to honour someone in his majlis (gathering), he would spread out his shawl for him to sit on.

239. If Huzoor Sallallahu Alayhi Wasallam was sitting in the company of other people, he would not interrupt the flow of their conversation, to put forward what was in his mind, but would let them finish what they were saying.

240. If Huzoor Sallallahu Alayhi Wasallam joined a gathering and someone stood up, out of respect for him, Huzoor Sallallahu Alayhi Wasallam did not approve of this. Therefore, when the Sahaba Kiraam Radhiallahu Anhum came to understand this, no one would stand up, when he came.

241. When Huzoor Sallallahu Alayhi Wasallam joined a gathering, he would take his place behind those already seated. He would not try to go towards the centre of the gathering.

242. If Huzoor Sallallahu Alayhi Wasallam was sitting in the company of the Sahaba Radhiallahu Anhum, and for some

reason he had to go to his home, and did not intend to return, then he would put on his shoes and go. And if he intended to come back, then as a sign of this he would leave his shoes behind and go barefoot to the house.

243. When Huzoor Sallallahu Alayhi Wasallam was sitting in the company of the Sahaba Radhiallahu Anhum, he would make sure not to sit with his knees in front of his companions, so as to avoid creating a distinction.

244. Whatever the Sahaba Radhiallahu Anhu were talking about in a gathering, Huzoor Sallallahu Alayhi Wasallam would join in their conversation.

245. When Huzoor Sallallahu Alayhi Wasallam was sitting with Sahaba Radhiallahu Anhum, and talking about matters of the Aakhirat, if he saw that the people present were not paying proper attention to the matter under discussion or were getting tired (which he could see from their faces), then he would immediately change the subject and start to talk of some worldly matter. When he saw the people in the gathering were happy again, then he would return to the subject of the Aakhirat.

246. If in the middle of a lecture, someone stood up to ask a question about something, then Huzoor Sallallahu Alayhi Wasallam did not like this and would look at him in astonishment.

247. If Huzoor Sallallahu Alayhi Wasallam was busy talking about some question, and before he had finished what he had to say on the matter, someone put forward some other question, then Huzoor Sallallahu Alayhi Wasallam would carry on with what he was talking about, as if he had not heard him. When he had finished what he had to say, he would ask the person what his question was and then answer it.

248. When Huzoor Sallallahu Alayhi Wasallam was sitting together with Sahaba Radhiallahu Anhum, he would sit in the middle and they would sit around him, behind each other, more or less in semi circles. When he spoke, Huzoor Sallallahu Alayhi Wasallam would turn his face this way and that way so that he faced everyone in the gathering.

249. When Huzoor Sallallahu Alayhi Wasallam got up from any gathering he would say this duaa

Your *purity do I declare O Allah with Your praise, I bear witness that there is none worthy of worship besides You, I beg forgiveness of You and repent to You."*

THE SUNNAH OF HUZOOR SALLALLAHU ALAYHI WASALLAM IN VISITING THE SICK

250. When Huzoor Sallallahu Alayhi Wasallam went to visit someone who was sick, he would put his hand on his forehead and feel his pulse. He would ask the sick person if there was anything he would like to eat. If he asked for something, Huzoor Sallallahu Alayhi Wasallam would ask someone to bring that thing, and said that whatever a sick person asks for, give it to him.

251. When Huzoor Sallallahu Alayhi Wasallam sat with a sick person, he would comfort him and make duaa for his health saying:

"Do not worry it is a cleansing(from sins)."

252. Huzoor Sallallahu Alayhi Wasallam would place his hand onto the forehead of the sick person or on the part of the body that was hurt and say:

"O Allah, take away this distress, Lord of mankind, heal him. You are the only healer. There is no healing, except your healing, the healing that leaves behind no sickness."

253. Huzoor Sallallahu Alayhi Wasallam would sit at the head of the sick persons bed and ask: "How are you feeling?"

THE SUNNAH OF HUZOOR SALLALLAHU ALAYHI WASALLAM IN RECEIVING THE FIRST FRUITS OF THE SEASON

254. When the first fruit of the season was brought before Huzoor Sallallahu Alayhi Wasallam, he would lift it to his eyes and to his lips and make duaa in these words:

"O Allah, grant us blessing in our fruit, grant us blessing in our city, and grant us blessing in our saa' (big weight) and grant us blessing in our mudd (small weights)." Then he would give it to the youngest child present.

THE SUNNAH OF HUZOOR SALLALLAHU ALAYHI WASALLAM IN ENTERING A PERSON'S HOUSE

255. If Huzoor Sallallahu Alayhi Wasallam was at home and someone came to meet him and, according to the general custom called out "Can I come in?", then Huzoor Sallallahu Alayhi Wasallam would tell a servant to teach him the rule of entering a house - that first he should make salaam, and then ask leave (permission) to enter.

256. If someone came inside without permission and came to Huzoor Sallallahu Alayhi Wasallam, he would send him back telling him: "Go back, and make salaam and then come in."

257. If someone asked permission from Huzoor Sallallahu Alayhi Wasallam to come in, as a rule he would ask: "Who is it?"

If according to common practice the person answered; "Me", Huzoor Sallallahu Alayhi Wasallam would not approve of this and would ask: "What do you mean Me?" in other words "Why do you not give your name?'

258. If Huzoor Sallallahu Alayhi Wasallam had sent someone to call a person and that person came in together with the person who had been sent without asking for permission, then Huzoor Sallallahu Alayhi Wasallam did not object to this.

259. If Huzoor Sallallahu Alayhi Wasallam himself went to visit someone, then it was his custom to make salaam - up to three times - and ask for permission to enter. If he did not get an answer, he would return.

260. It was the custom of Huzoor Sallallahu Alayhi Wasallam, that he would never stand directly in front of someone's door when asking permission to enter. He would either stand to the left or right of the door, and then make salaam and ask permission to enter.

THE MANNERS OF HUZOOR SALLALLAHU ALAYHI WASALLAM IN DEALING WITH PEOPLE

261. When someone spoke something quietly into the ear of Huzoor Sallallahu Alayhi Wasallam, then he would not turn his head away from that person until that person had finished what he was saying and himself turned his head away.

262. If anyone took hold of the mubaarak hand of Huzoor Sallallahu Alayhi Wasallam to make musafaha, then he would not take his hand out from that person's hand until that person himself let go of his hand.

263. When someone turned his face to Huzoor Sallallahu Alayhi Wasallam to speak to him, then he would not turn his face away until that person himself turned his face away.

264. When anyone came before Huzoor Sallallahu Alayhi Wasallam wearing new clothes, then Huzoor Sallallahu Alayhi Wasallam would praise it and say "Very nice, very nice", then he would say:

Wear and tear and may Allah give you even more

265. As a sign of love and familiarity, Huzoor Sallallahu Alayhi Wasallam would sometimes shorten someone's name when addressing him, like calling Hazrat Abu Harairah (Radhiallahu Anhu), "Yaa Abu Hur."

266. If somebody said something improper or did something unbecoming, then it was the custom of Huzoor Sallallahu Alayhi Wasallam that he would never correct that person by name, but would make some general comment such as, *"What has happened to the people, that they say such and such a thing or do such and such a thing."*

267. When Huzoor Sallallahu Alayhi Wasallam became extremely displeased with someone over some religious matter, then he would show it in two ways. When that person came, he would turn his face away from him, or he would not accept his salaam.

268. When Huzoor Sallallahu Alayhi Wasallam met someone along the road, he would try to be the first to make salaam.

269. When Huzoor Sallallahu Alayhi Wasallam sent anyone a message he would always send his salaam as well.

270. When someone sent Huzoor Sallallahu Alayhi Wasallam his salaam, then he would answer the person sending his salaam together with the person bringing the salaam and would say *"Alaika wa a'la (falaanin salaam."* [falaan = name of that person].

271. If somebody removed something from the clothes or the body of Huzoor Sallallahu Alayhi Wasallam (such as a straw, cobweb or dust), then he would thank him by saying:
"May Allah Ta'ala remove from you whatever you dislike."

272. If Huzoor Sallallahu Alayhi Wasallam had to call someone and he did not know his name, he would call him*: "Yaa ibn Abdallah" (O son of a servant of Allah.)*

273. If someone in need, came to Huzoor Sallallahu Alayhi Wasallam, then out of politeness to him Huzoor Sallallahu Alayhi Wasallam would not get up until he himself got up to leave.

274. Huzoor Sallallahu Alayhi Wasallam would never interrupt someone who was talking. But if someone was saying something untruthful, then he would either stop him or himself get up and leave.

275. Huzoor Sallallahu Alayhi Wasallam would always accept a present given by a friend, but he would also try to give him something in return.

276. If Huzoor Sallallahu Alayhi Wasallam went to visit anyone at night, then he would make salaam loud enough for someone who was awake to hear, but not loud enough to waken someone who was asleep.

277. When meeting someone, Huzoor Sallallahu Alayhi Wasallam would sometimes make musafaha (shake hands), sometimes he would make mu-a'naqah (hug him) as well, and sometimes he would also kiss his forehead.

278. If Huzoor Sallallahu Alayhi Wasallam saw any of his companions suffering from a sore eye, he would say:

"Make my eyes a means of benefit for me."

279. If Huzoor Sallallahu Alayhi Wasallam, out his kindness, forgave some offenders offence, then as a sign of forgiveness he would send his Amaamah as a gift to that person.

280. Huzoor Sallallahu Alayhi Wasallam honoured and respected his guests, and would personally serve them

281. Sometimes Huzoor Sallallahu Alayhi Wasallam would hold someone's hand as they walked, out of closeness and affection.

282. When Huzoor Sallallahu Alayhi Wasallam repaid a debt he would make duaa: "May Allah grant Barkat in your family and your wealth. Indeed those who help others with loans (without interest) deserve thanks and repayment."

283. Sometimes Huzoor Sallallahu Alayhi Wasallam would call out to someone by some identifying mark. For example, once someone was walking over graves with his shoes on, Huzoor Sallallahu Alayhi Wasallam called out to him*: "O you of the shoes, take your shoes off."*

284. If by accident someone was hurt by Huzoor Sallallahu Alayhi Wasallam's hand, then Huzoor Sallallahu Alayhi Wasallam would give him the right to retaliate and sometimes he would give him some gift in compensation.

SOME OTHER SUNNATS OF HUZOOR SALLALLAHU ALAYHI WASALLAM SITTING (HABITS)

285. Huzoor Sallallahu Alayhi Wasallam used to sit in different ways, sometimes he would sit on his heels with his feet flat on the ground, sometimes he would sit on the floor with his knees raised and his arms around his knees, and sometimes in this way but a cloth tied around his back and his knees for support.

286. If Huzoor Sallallahu Alayhi Wasallam sat leaning against something, he would usually lean towards the left and on the left arm.

287. Sometimes Huzoor Sallallahu Alayhi Wasallam would relax, by sitting on the edge of a well with his legs hanging down inside.

NUMBER OF GOATS

288. Huzoor Sallallahu Alayhi Wasallam used to keep a hundred goats. He did not like their number to exceed one hundred. If the number started to go beyond this, then he would order that some to be slaughtered, so that the number would remain at one hundred.

ANNOUNCEMENTS IN MASJID

289. If somebody lost something outside the Masjid and then made an announcement about it in the Masjid, then Huzoor Sallallahu Alayhi Wasallam would become very displeased and say: *"May Allah Ta'ala not return to you what you have lost."*

THE SMILE OF HUZOOR SALLALLAHU ALAYHI WASALLAM

290. Huzoor Sallallahu Alayhi Wasallam never laughed loud, but would only smile. The extreme limit of his smile was that the tips of his teeth could be seen. But he would never go to the extent of letting his throat become visible.

THE CRYING OF HUZOOR SALLALLAHU ALAYHI WASALLAM

291. Just as Huzoor Sallallahu Alayhi Wasallam never laughed loud, so also when he cried he would not cry loud, but he would sigh and tears would flow from his eyes and sound could be heard from his chest like that of water boiling or of the grinding of a hand mill. Huzoor Sallallahu Alayhi Wasallam said about his own crying: *"The eyes shed tears, the heart is filled with sorrow, and we say only what is pleasing to our Lord."*

SORROW

292. When Huzoor Sallallahu Alayhi Wasallam was overtaken by sorrow or grief, he would pass his hand again and again over his head and over his beard. He would take hold of his beard and sometimes he would comb his fingers through his beard and he would say:

"I rely on Allah and he is the best of helpers."

HAPPINESS

293. When Huzoor Sallallahu Alayhi Wasallam was happy he would keep his eyes down.

IMPORTANCE OF SADAQAH, GOODS AND MONEY

294. Whenever any sadaqah or any other donation arrived from anywhere, Huzoor Sallallahu Alayhi Wasallam would not go home until all of it had been distributed among the poor and those entitled to it.

DOMESTIC WORK

295. Whenever Huzoor Sallallahu Alayhi Wasallam was at home, he would busy himself with domestic work. He would never sit idle. He did not mind doing the most ordinary work; like milking and feeding the animals, patching clothes or a leather bucket etc., he would repair his own shoes and would help his servant in grinding the flour.

SHOPPING

296. Huzoor Sallallahu Alayhi Wasallam did not mind going to the bazaar to buy things. He would go down to the bazaar himself and would bring them back tied up in a cloth.

THE FIRST RAIN OF THE SEASON

297. When the first rain came, Huzoor Sallallahu Alayhi Wasallam would take off all his clothes except for his lungi and wet the upper part of his body with the rain.

WRITING LETTERS

298. It was the custom of Huzoor Sallallahu Alayhi Wasallam in dictating a letter, that he would begin with 'Bismillah' and then the name of the sender, and then the person to whom the letter was addressed. Then he would start with the contents of the letter.

USE OF RIGHT AND LEFT HAND.

299. Apart from tasks involving cleaning dirt or when there was a fear of dirt getting onto the hands, such as cleaning the nose or washing the private parts, taking off shoes, etc., Huzoor Sallallahu Alayhi Wasallam used to prefer to use his right hand for any work. If he gave anyone anything, he gave it with the right hand, and if he took anything he took it with the right hand.

ASKING OF DREAMS

300. After Fajr salaat, Huzoor Sallallahu Alayhi Wasallam used to sit cross-legged and ask people about their dreams. Whoever had seen a dream, would tell it. Before listening to it Huzoor Sallallahu Alayhi Wasallam would say these words:
"May we meet the good of it, and may we escape the evil of it. And the good of it be for us and the evil of it for our enemies. And all praise is for Allah, the guardian of all worlds."

LOVE FOR HORSES

301. Of riding animals, Huzoor Sallallahu Alayhi Wasallam greatly loved horses. He would clean their eyes, mouths and nose with his sleeves, he would hold the hair of their manes in his fingers and say:
"Good has been tied to their foreheads, until the Day of qiyaamat."

NOT TAKING OMENS

302. Huzoor Sallallahu Alayhi Wasallam did not take evil omens, accept 'fal'. If he intended to stop at a place and its name was not good, then signs of displeasure became visible on Huzoor Sallallahu Alayhi Wasallam's face. And if its name had a meaning of happiness, barakat or success, then he showed his pleasure. In the same way, if a man had a name meaning fight, quarrel, loss then he would not entrust any work to him, and he

would entrust his work to someone whose name had a meaning like success, pleasure, happiness, joy.

GOING FOR A WALK

303. Huzoor Sallallahu Alayhi Wasallam used to enjoy taking a walk in gardens and would now and again go for a walk.

SWIMMING

304. Huzoor Sallallahu Alayhi Wasallam used to like to swim sometimes. Once he and a few companions were swimming in a pool. Huzoor Sallallahu Alayhi Wasallam divided them into pairs and said that each should swim to his partner. His own partner was Hazrat Abu Bakr Radhiallahu Anhu. He swam upto him and caught him around the neck.

SOME DUAAS FOR DIFFERENT OCCASIONS
DUAA FOR THE MORNING AND EVENING

305. In the morning Huzoor Sallallahu Alayhi Wasallam used to make this duaa:

Morning has come to us and to the land, and all belongs to Allah and all praise is for Allah. There is no good except with Allah. He is alone and has no partner. Everything belongs to him, all praise is for him, and he has power over everything. My Lord, I ask you for the good of what is in this day and the good of what follows it, and I ask your protection from the evil of what is in this day and the evil of what follows it. My Lord, I ask your protection from laziness and an evil old age. My Lord, I ask your protection from punishment in the fire and from punishment in the grave.

In the evening instead of *"Asbahnaa wa asbahal mulkoo lillaah"* ; say: *"Amsaynaa wa amsal mulkoo lillaah"* (Evening has come to us ....)

DUAA AT SUNRISE

306. At the time of sunrise, Huzoor Sallallahu Alayhi Wasallam would make this duaa:

"All praise for Allah who has granted us this day and has forgiven our errors and spared us from the punishment of the fire."

LEAVING THE HOUSE

307. When Huzoor Sallallahu Alayhi Wasallam went out from his home, he would say:

"In the name of Allah. O Allah, I ask your protection lest we should slip or cause others to slip, or that we should go astray or that we should wrong others or be wronged, or that we should be ignorant or that others should ignore us."

GOING TO THE BAZAAR

308. When Huzoor Sallallahu Alayhi Wasallam went to the bazaar, he would say:

"In the name of Allah, I ask You for the good and barkat of this bazaar, and the good and barkat of what is in it, and I ask your protection from its evil, and the evil of what is in it. O Allah, I ask Your protection from taking false oaths and from making a loss."

AT THE TIME OF A STRONG WIND

309. If a strong wind blew, Huzoor Sallallahu Alayhi Wasallam would say:

"O Allah, I ask for the good of it and the good of what has been sent with it, and I ask Your protection from the evil of it and the evil of what has been sent with it."

UPON THE GATHERING OF DARK CLOUDS

310. When dark clouds gathered, Huzoor Sallallahu Alayhi Wasallam would say:

"O Allah, do not kill us with Your wrath, and do not destroy us with Your punishment, and give us safety and ease before that."

AT THE TIME OF RAIN

311. When Huzoor Sallallahu Alayhi Wasallam saw rain falling, he would say:

"O Allah, make this rain plentiful and beneficial

WHEN LOOKING UP AT THE SKY

312. When Huzoor Sallallahu Alayhi Wasallam looked up at the sky, he would make this duaa:

"O Turner of hearts, keep my heart firm in your obedience."

AT THE TIME OF FEAR

313. When Huzoor Sallallahu Alayhi Wasallam perceived danger from some people, he would say:

"O Allah, we rely on You to shield us from their aggression, and ask Your protection from their evils (Lit. we put you in front of their chests...)"

AT THE TIME OF DIFFICULTY

314. When Huzoor Sallallahu Alayhi Wasallam was confronted with some difficulty, he would say:

"O Allah, nothing is easy unless you make it easy, and you make anxieties easy whenever you wish."

ON THE DAY OF JUMU'AH

315. On entering the Masjid on the. day of Jumu'ah, Huzoor Sallallahu Alayhi Wasallam would say:
"O Allah, make me the most attentive of those who are attentive to you, and the closest of those who try to come close to you, and best of those who ask you from you and incline towards you."

TO WARD OFF EVIL EYE

316. To protect children from the evil-eye and satanic (shaytaani) influences, Huzoor Sallallahu Alayhi Wasallam would say these words:

"In the Name of Allah, O Allah! Remove the hotness, coldness and pain of the evil-eye."

ON SIGHTING THE NEW MOON

317. On seeing the new moon, Huzoor Sallallahu Alayhi Wasallam would read this duaa:

"O Allah let it rise upon us with goodness and Imaan, and with safety and Islam, and with Taufeeq (the ability for us) to do that which You love and pleases You. (O moon) My Lord and your Lord is Allah."

WHEN HEARING BAD NEWS

318. When Huzoor Sallallahu Alayhi Wasallam heard any bad or distressing news, he would say:

"All praise is due to Allah, under all circumstances."

ON HEARING PLEASANT NEWS

319. When any pleasant and happy news was brought to Huzoor Sallallahu Alayhi Wasallam, he would say:

"All praise is due to Allah, due to Whose bounties all good is completed."

Every deed, act, habit, liking of Prophet Mohammad ﷺ is called *Sunnat*. The whole life of the Holy Prophet ﷺ is perfect guideline for the successful life of a *Momin*. The Holy Prophet did not bear any ill-feeling or malice towards anyone.

This book, written in Urdu by Moulana Sa'ad Hassan Yusoofi, which has been translated into English by Moulana Shabbir Ahmed Saloojee, a few Sunnats, habits and actions of Rasulullah ﷺ have been mentioned. By bringing them into our lives true love of Allah Ta'ala and Rasulullah ﷺ will be achieved.

